

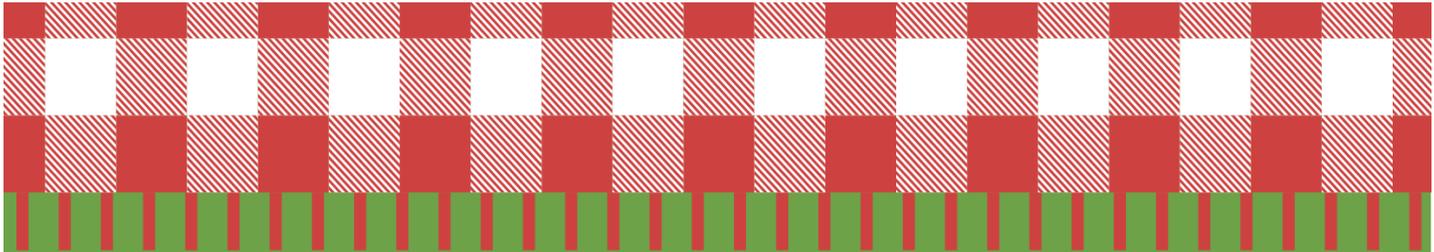
WELCOME TO
HOLY SPIRIT CATHOLIC CHURCH

Serving the People of Virginia and Mountain Iron
306 2nd Street So. Virginia, Minnesota 55792

May 29, 2022

www.holyspiritvirginia.com

(218) 741-6344



PENTACOST PICNIC CELEBRATION

Please join Holy Spirit Parish as we celebrate our
Parish Feast Day!

June 5, 2022, following the 10am Mass we will
celebrate in the parking lot with great food, drinks,
music, and games!

All are welcome to join!

That evening we will also have a *Pentecost Power Hour*
of Prayer at 7pm.



Testimony of Faith

Stewardship of Treasure

May 22, 2022

Envelopes/Plate\$4,641.68

Online Giving/ACH.....\$2,687.37

Weekly Goal.....\$9,712.00

Received to Date.....\$433,869.85

Annual Goal 21-22....\$505,000.00

United Catholic Appeal 2021

Goal.....\$72,352.14

Total Received.....\$46,738.00

2021 Shortfall..... \$25,614.14

Marquette Catholic School Endowment

Fund Balance:
\$131,815.35

Holy Spirit Endowment

Fund Balance
\$47,593.54

Marriage: Contact parish office as soon as possible and at least **6 months prior** to desired wedding date.

Baptism: Infant baptism during Mass or privately. Call parish to arrange pre-baptism parent session or request information. Forms available on the parish website.

Anointing of the Sick: Call the Parish office to schedule Sacrament or Communion calls for the homebound.

Prayer Warrior Team: Please call Donna Strumbell at 218-290-3767.

How I Met the Holy Spirit (and You Can, Too) by Therese Bussen

I think it's safe to say that, when we hear the story about Pentecost in the Acts of the Apostle most of us have this kind of reaction: "*Well that's cool, I guess. Good for them, with all those flames above their heads, and the Holy Spirit stuff.*" That was my reaction for a long time, anyway. I knew the Holy Spirit, the third Person of the Trinity, was real, and that He gave the Apostles courage to do really intense evangelizing. But I never thought much more about it than that. Weirdly, we Catholics don't talk too much about the Holy Spirit and who He is in everyday conversation. Jesus we understand better; the Holy Spirit, less so. And any kind of talk about the gifts of the Holy Spirit just weirded me out. Until I met the Holy Spirit as a real Person...and He did something very similar in me.

Without getting into every single detail of what happened, I'll give you the nutshell version of my experience: I went on a retreat in college called "Fan Into Flame" which was focused on encountering the Holy Spirit in a new and deeper way. As we got into who the Holy Spirit was on this retreat, I was uncomfortable at first — but throughout the retreat, I found myself opening up a little more, despite my discomfort. As I came to understand how the Holy Spirit works in our lives and grew more comfortable with worshipping God through song throughout the retreat, the idea of surrendering my life to Him in a deeper way didn't scare me as much. At one point in the retreat, our small groups prayed together to intercede for each other for particular requests: to be freed from things that kept us from God, to receive the Holy Spirit in a deeper way or to receive His gifts. I don't remember what I prayed for — but I do remember that, as I was being prayed over, I had this gentle urge to rest, to just let go — and I experienced an overwhelming peace within me that resonated through my whole body. I couldn't stop smiling because I couldn't contain the joy inside me. It was bursting! Words fall entirely short when I try to communicate what this experience actually was. All I can say is that I met the Person of the Holy Spirit in that moment.

When I stood up after what felt like hours, the time of prayer was over and, from what I could tell, almost every soul in the room had experienced the same thing I had, or at least something very similar. We had just experienced our own Pentecost. This it wasn't just a one-time thing, though. Since that first encounter, I have on other occasions experienced the Holy Spirit in powerful ways, and I experience Him in a quieter way on a daily basis. Pentecost was a real thing. The Apostles receiving the Holy Spirit was a real thing. But this outpouring of the Holy Spirit wasn't just for the Apostles. We were all meant to receive the same thing. We are all meant to know Him, to walk with Him and to receive the graces we need for our daily lives from Him. We all receive Him at baptism, and then again in a deeper way with the sacrament of confirmation. But often, the potential for the graces we could have lie dormant until we give Him the permission to come into our hearts. So how you can you encounter the Holy Spirit in a deeper way and experience a more profound outpouring of His gifts in your own life?

1. Pray to the Holy Spirit. Begin your prayers by saying, "Come, Holy Spirit." Ask for help in difficult situations, or just start by saying this simple prayer every day: "*Oh Holy Spirit, soul of my soul, I adore you. Enlighten, guide, strengthen and console me. Tell me what I ought to do, and command me to do it. I promise to be submissive in whatever you ask of me and whatever you permit to happen to me. Only show me what is your will.*"

2. Listen to promptings/inspirations when they come. Sometimes you will sense urges to do something you might not have thought of yourself. This is called an "inspiration." The way to tell when it's the Holy Spirit's inspiration is that it's always something good, and it's usually something you'd rather not do. None of us will ever follow inspirations perfectly. But the more we do it, the more they will come. Listening to and obeying the Holy Spirit is how we grow in holiness.

3. Stick to prayer and the sacraments. If you want to get closer to God in any way, this is pretty much the way to do it. And the more you do stay close to prayer and the sacraments, the more you will notice the Holy Spirit in your life.

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Parish News

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4. Pray to be freed from any lies or attachments that are keeping you from experiencing the fullness of the Spirit. Simply put, our sin, attachments or lies we believe against God or ourselves can keep us from experiencing the Holy Spirit in a more meaningful way. It's powerful to pray to be freed from these things! But it's not a game of hide and seek. You don't have to be digging around, asking yourself, "What's wrong with me? Why don't I feel close to God?" Simply ask God to reveal what He wants you to be free of, and pray with that and trust that He will free you of it over time and give you more of Himself.

5. Know that the gifts (and fruits) of the Holy Spirit are for you. Ask for them. God gives us spiritual gifts for the edification of the Church to build up the Body of Christ in love and unity, "that God in all things may be glorified through Jesus Christ". You can pray to receive greater gifts. The gifts of the Holy Spirit are knowledge, counsel, piety, fortitude, fear of the Lord (awe), understanding and wisdom. The fruits of the Holy Spirit are love, joy, peace, patience, gentleness, generosity, kindness, goodness, faithfulness, modesty, self-control and chastity.

Experiencing the Holy Spirit might not be a crazy, "emotional" experience for you — so just because you don't sense Him moving you emotionally doesn't mean He isn't at work. Our emotions are not the point. It may involve them; it may not. The point is for us to grow closer to Him and to be open to Him moving in us and through us in our daily lives. The Holy Spirit is *for you*, today. And as Jesus did for the Apostles, you can trust that He will always be with you and in you all your life by your baptism.

Pray for an outpouring of the Holy Spirit in your life as we prepare for the great feast of Pentecost next weekend! Come Holy Spirit Come!

It's time to celebrate our Parish Feast Day!!!!

On Sunday June 5th our parish will celebrate our parish FEAST DAY with the Universal Church! The Easter season comes to a conclusion with the great celebration of the release of the Holy Spirit upon the Apostles in the Upper Room!

Mark your calendars for the following events that will take place on Pentecost Weekend June 4th and June 5th in celebration of this great FEAST and our parish life...

Saturday June 4th – Mass at 4:30pm, followed by wine and cheese in the gathering space.

Sunday June 5th – 8am Mass and 10am Mass followed by an incredible Pentecost Parking Lot Party! We will throw a large party in our parking lot with great food, drinks, music and games! Don't miss out!

Sunday June 5th – ***Pentecost POWER HOUR of Prayer!*** At 7pm on Pentecost evening we will spend an hour or more in "all out" praise and worship of our Lord! Join us for an expressive night of prayer in the Holy Spirit as we worship Jesus in the Holy Eucharist. It will be a night to pray for a deeper outpouring of the Spirit upon our community, our parish, our school, our diocese and world. We will worship the Lord in thanksgiving and beg for a deeper outpouring of the Holy Spirit upon us!

We will pray that we may experience PENTECOST in a new and bold way this upcoming year!

Join us – everyone is welcome!

St. Gianna Life Ministry News

St. Gianna Life Ministry's monthly meeting on June 7 has been cancelled.

May Prayer Guide From the USCCB

Intention: May Catholics work tirelessly to support mothers in need, helping them obtain all the necessities of life.

Pray: Our Father, 3 Hail Mary's, Glory Be

Reflect: The month of May is a celebration of motherhood. May is dedicated to the Blessed Virgin Mary and the month we honor our earthly mothers. The Feast of the Visitation on May 31 celebrates the meeting of two mothers, Mary and Elizabeth, both with a child hidden within their wombs.

Act: Offer some sacrifice, prayer, or gift to serve vulnerable mothers.

Easter Season

Mass Times & Event Schedules

Daily Mass:

Mon.-Fri.

Mass at 8:30am

Mon. & Wed.

Mass at 5:30pm

Weekend Mass:

Sat. 4:30pm

Sun. 8am & 10am

Confessions:

Mon. 4:45pm

Sat. 3:00 pm—4:00 pm

Adoration:

Mon-Thurs. 9am-9pm

No Friday Adoration

Rosaries:

Mon. following 5:30pm Mass

-Pray for Priests

Thurs. 8pm

-Prayer for Vocations

Bible/Book Studies:

Tues 9:15am with Ben Frost

Sat. 10am Women's Book Study

Monday	May 30
8:30 AM †	Ralph Harvey
5:30 PM †	Rita Pineo
Tuesday	May 31
8:30 AM †	Diane Dickson & Josh Stewart
Wednesday	June 1
8:30 AM †	Marc Westerbur
5:30 PM †	Joan Johnson
Thursday	June 2
8:30 AM †	Steve Peterson
Friday	June 3
8:30 AM †	Merico & Ann Olivanti
Saturday	June 4
4:30 AM	Rita Pineo
Sunday	June 5
8:00 AM †	Kenny Koivunen
10:00 AM †	Fr. John Doyle

United Catholic Appeal 2022

We join 73 other parishes throughout the Diocese to act together as a diocesan family; providing the educational, pastoral and religious programs and services needed for our parishes, individuals, and families to thrive. Every gift, regardless of the size, expresses our gratitude to God and is vital for others to encounter Christ in the Church. UCA helps fund events throughout the Diocese including the men's and women's conferences, youth camps, and the Mercy Tour 2022 that Holy Spirit Parish hosted this past winter.

Our parish UCA assessment for 2022 is \$68,882.37, which is based on 17% of our ordinary income (envelopes and plate). Please consider basing your annual UCA gifts using that same percentage to help our parish support the Diocese in its mission to bring all those within our boundaries and beyond to Christ. You should have received a mailing from the Diocese of Duluth earlier this month which includes multiple ways to easily support our parish UCA giving by sending funds directly to the Diocese. You can also continue to use the contribution envelopes in your mailed packets, give online at engage.com, or continue using any electronic bank transfers you have set up through the parish office.

If you have any questions or want to set up a new way of giving, please contact Stefanie in the business office any at stefanie.scharber@duluthcatholic.org, (218) 741-6344, or stop in any time office hours are open.

FREE EVENT!

All are welcome! Please join us at St. Mary's Catholic Church in Cook on Thursday, June 9th from 5-9 pm for Mass, Dinner & a presentation on "Taking Risk-Saying Yes to God" by Connie Bruesch, the Founder and Executive Director of Ministry of Transformed by Love Ministries. You will not want to miss this! Please RSVP by Sunday, June 5th to 218-666-5334 or email stmaryscook@q.com.



Eucharistic Adoration

If you are ever running late, or cannot find a sub, please call the Parish office and they can help you to find someone to sit with Jesus. We never want Jesus to be alone. If you need to change your time, please do so on the adoration board in the gathering space.